EXIT ROUTES OF THE DEMONIC MANIFESTING FROM A PERSON

- · They can leave with no visible manifestation
- Through the throat, mouth or nose: with deep yawning, burping, coughing, breathing out, or with sensations of vomiting or choking
- · Through the eyes: eyelids flicker or begin to blink, eyes may tear up or feel itchy
- · Through the ears: ears may pop, itch, or feel pressure
- Off the top of the head
- Through the hands or fingers: tingling in the hands and fingers
- · Through pores with profuse sweating
- Through the feet and toes: usually tingling and/or numbness
- Up or down the spine with an uncurling sensation

Demons are spirits. The word *spirit* is defined by two words in scripture: *Ruach* (Hebrew), and *pneuma* (Greek). Both words mean *breath or air*. So, when the command is given to demons to leave, just have the person take a deep breath and breathe out by exhaling.